

BodyBio ReMineralize

72+ Ionic Minerals for Cellular Health and Vitality

ReMineralize is a liquid ionic blend of 72 macro and micro minerals, sourced from the salt water ponds of Utah. Minerals are foundational for cellular health. They fuel detoxification, promote energy production, and support longevity. Minerals are the "spark plugs" for thousands of chemical reactions in the body — without them, our cells can't perform critical processes efficiently. Support the body's daily mineral needs with ReMineralize.*

AVAILABLE FORMATS:

4oz Glass Bottle with Dropper
100 Capsules

DOCTOR TRUSTED PIONEERS IN CELLULAR HEALTH

BENEFITS

Hydration and Electrolyte Balance
Provides essential minerals to restore fluid balance, maintain osmotic gradients, and support cellular hydration.*

Energy and Metabolic Function
Magnesium and trace minerals act as critical cofactors for mitochondrial ATP production and macronutrient metabolism.*

Nervous System and Muscle Health
Supports nerve conduction, muscle relaxation, and neuromuscular coordination, reducing risk of cramps and tension.*

Bone and Structural Integrity
Delivers minerals essential for calcium regulation, bone mineralization, and connective tissue strength.*

Detoxification and pH Balance
Facilitates liver Phase I & II detox pathways (methylation, sulfation, glucuronidation) and maintains acid-base homeostasis.*

Immune and Antioxidant Defense
Supplies cofactors such as zinc and selenium for immune signaling and antioxidant enzymes, including glutathione peroxidase and superoxide dismutase.*

Cardiovascular Support
Helps maintain healthy blood pressure, vascular tone, and electrolyte ratios essential for cardiac rhythm stability.*

TRUST POINTS

Harvested through sustainable methods from the saltwater ponds of the Great Salt Lake, the water undergoes a proprietary solar evaporation process to reduce water content, lower sodium, and naturally concentrate essential minerals. BodyBio enforces rigorous quality control, including comprehensive testing for mineral composition, microbials, heavy metals, allergens, herbicides, and more—ensuring our products are free from microplastics and meet strict purity standards. We package exclusively in glass bottles and provide clean, preservative-free formulations for optimal integrity and safety.

EVIDENCE

BodyBio ReMineralize vs. e-lyte

e-lyte	ReMineralize
Powerful blend of essential electrolytes with a higher potassium-to-sodium ratio	Full-spectrum macro and trace mineral blend
Designed to support optimal hydration, muscle function, and recovery	Designed to replenish minerals beyond electrolytes for overall cellular function and wellbeing
Optimized for rapid absorption and fluid balance	Optimized for addressing broader deficiencies that impact health

Where They Overlap

Mineral	e-lyte (per 1ml)	ReMineralize (per 1ml)
Magnesium	9 mg	100 mg
Sodium	12 mg	2 mg
Potassium	25 mg	1 mg

APPLICATIONS

Hydration and Electrolyte Support
Supports optimal fluid balance for athletes, active individuals, and those experiencing fluid loss from heat, illness, or stress—as well as everyday hydration needs to maintain cellular health and systemic balance.*

Energy and Performance
Supports metabolic efficiency and stamina in individuals with fatigue, mitochondrial dysfunction, or high energy demand.*

Neuromuscular Function
Reduces cramps, twitching, and neuromuscular fatigue in physically active or mineral-depleted individuals.*

Bone and Healthy Aging
Promotes bone density and structural integrity in aging populations or individuals at risk of osteoporosis.*

Detoxification and Systemic Resilience
Ideal for individuals with high toxic burden or those undergoing detox protocols requiring mineral cofactors.*

Immune Health and Oxidative Stress Management
Supports immune health and protects against free radical damage during illness, chronic stress, or environmental exposure.*

Cardiovascular Health
Beneficial for those with blood pressure concerns, electrolyte imbalance, or cardiovascular risk factors.*

SCIENTIFIC RATIONALE

Hydration and Electrolyte Balance
Minerals like magnesium, potassium, and sodium regulate osmotic gradients critical for hydration, nutrient transport, and cellular signaling. Deficiencies disrupt cardiovascular and renal function.*

Energy and Metabolism
Magnesium is required for ATP production and over 300 enzymatic reactions in glucose, fat, and protein metabolism. Low magnesium impairs mitochondrial energy output.*

Nervous System and Muscle Function
Potassium and magnesium maintain membrane potential and nerve transmission. Inadequate levels increase risk of cramping and arrhythmias.*

Bone and Structural Health
Magnesium, manganese, and boron influence calcium metabolism and collagen synthesis, supporting skeletal integrity.*

Detoxification and pH Balance
Minerals act as enzyme cofactors for detoxification (e.g., zinc and magnesium for methylation enzymes) and buffer systemic pH through bicarbonate and electrolyte regulation.*

Immune and Antioxidant Defense
Zinc and selenium enhance immune signaling and act as cofactors for antioxidant enzymes, reducing oxidative damage to lipids and DNA.*

Cardiovascular Support
Magnesium and potassium improve vascular tone and blood pressure regulation. Higher potassium-to-sodium ratios are linked to lower risk of hypertension and cardiovascular events.*

SUGGESTED USE

Liquid Variant
1-2.5 mL daily

Therapeutic Dose: 2.5 mL daily

Recommended Titration
Begin with 1 mL diluted in water each day for the first week. Then, increase the dosage by another 1 mL the following week until reaching 2.5 mL per day.

Capsule Variant
Take up to 2 capsules or as directed by your health care practitioner.

SUPPLEMENT FACTS

Liquid Variant

Serving Size: 1/2 teaspoon (2.5mL)
Servings: 47

	Amount Per Serving	% DV*
Calories	5	
Total Carbohydrates	1g	<1%
Magnesium	250 mg	60%
Chloride	650 mg	28%
Sodium	5mg	<1%
Potassium	3mg	<1%

*The % Daily Values (DV) are based on a 2000 calorie diet.

Ingredients: Complex of macro/micro ionic sea minerals concentrate.

Capsule Variant

Serving Size: 2 capsules
Servings: 50

	Amount Per Serving	% DV*
Magnesium	100 mg	24%
Chloride	267 mg	12%
Sodium	1 mg	<1%
Potassium	0.67 mg	<1%

*The % Daily Values (DV) are based on a 2000 calorie diet.

Ingredients: Complex of macro/micro ionic sea minerals concentrate, carnauba wax, hypromellose (capsule).

SCAN QR CODE FOR REFERENCES

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.