

BODYBIO

Evening Primrose Oil

Hormone balance
+ skin health

180 Softgels

BodyBio Evening Primrose Oil provides gamma-linolenic acid (GLA), a beneficial omega-6 fatty acid that supports hormonal balance and inflammatory response.* GLA plays an important role in skin health, a healthy menstrual cycle, and overall cellular function.* This gentle, plant-based oil helps nourish the body during times of hormonal fluctuation and stress.*

KEY BENEFITS



Supports hormonal balance*



Promotes skin health*



Supports menstrual comfort*



Supports a healthy inflammatory response*



Nourishes cellular health*

SUGGESTED USE

Take 1-2 capsules daily with food, or as directed by your healthcare practitioner.

Use consistently for best results.

If pregnant or nursing, consult your healthcare provider.

WHAT TO EXPECT

0-2 WEEKS

Evening Primrose Oil begins supplying GLA to support cellular and hormonal balance.* Some people notice early improvements in skin hydration or menstrual cycle regulation.*

2-4 WEEKS

As GLA levels build, many women experience improved skin appearance and more balanced monthly hormone-related symptoms.*

4+ WEEKS

With continued use, Evening Primrose Oil helps support long-term hormonal balance, skin health, and cellular resilience—especially during times of stress or monthly hormonal changes.*

SUPPLEMENT FACTS

Serving Size: 2 softgels
Servings: 90

	Amount per serving	%DV**
Calories	20	
Total Fat	3 g	
Gamma-Linolenic Acid (GLA)	250 mg	
Linoleic Acid	1743 mg	

**The % Daily Values (DV) are based on a 2000 calorie diet.

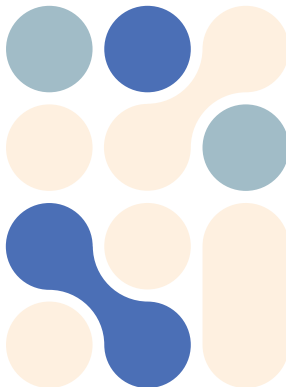
† Daily Value not established.

Ingredients: Evening Primrose Oil, gelatin, glycerin, and purified water.

If you are pregnant or nursing, seek the advice of a health practitioner before using this product.



Scan the QR code
for more information.



*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.