

BodyBio Liposomal Vitamin C

Optimized Antioxidant, Immune, and Skin Support

Our pure, non-GMO Vitamin C delivered in a liposomal form — ensuring maximum absorption for powerful immune and antioxidant support without digestive distress.*

AVAILABLE FORMAT:

60 Capsules



BENEFITS

Boosts Immune Function

Vitamin C strengthens the immune system by stimulating the production and function of white blood cells, helping the body fight infections more effectively.*

Promotes Collagen Production

Vitamin C is essential for the synthesis of collagen, a protein that supports the skin, blood vessels, and connective tissues, contributing to wound healing and skin elasticity.*

Antioxidant Defense

Vitamin C helps protect cells from oxidative damage by neutralizing free radicals, reducing the risk of chronic diseases and supporting overall cellular health.*

Adrenal and Nervous System Support

Vitamin C is highly concentrated in the adrenal glands and is rapidly depleted during times of physiological or psychological stress. Vitamin C supplementation can support balanced adrenals and a healthy stress response.*

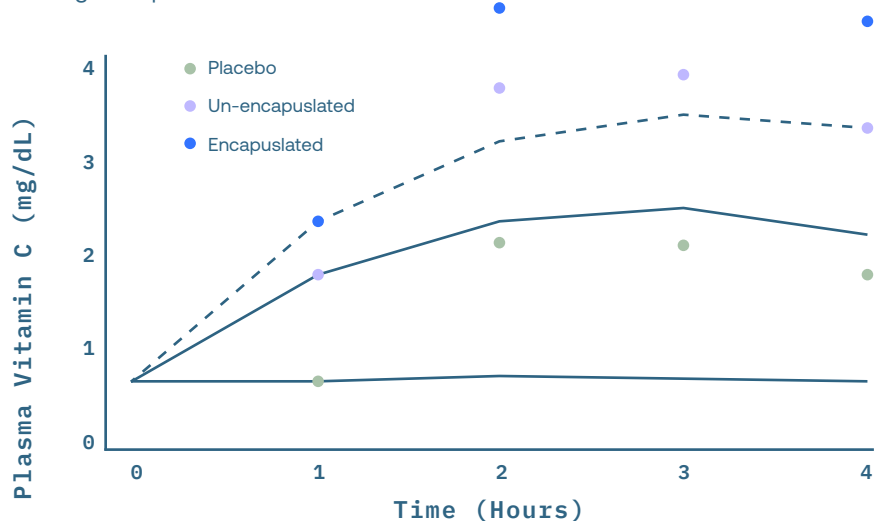
TRUST POINTS

Liposomal delivery of Vitamin C allows for higher dosages to be absorbed without causing gastric distress, as the liposomes protect the vitamin from degradation in the digestive tract, ensuring better bioavailability and reduced irritation to the stomach lining.

EVIDENCE

Plasma Concentrations of Vitamin C

Liposomal vitamin C offers higher bioavailability by protecting it from digestion and enhancing absorption.



Davis, J. L., et al. (2016). Liposomal-encapsulated ascorbic acid: Influence on vitamin c bioavailability and capacity to protect against ischemia-reperfusion injury. *Nutrition and Metabolic Insights*, 9, 25–30.

APPLICATIONS

Immune Resilience

Ideal during cold and flu season, post-infection recovery, or times of increased immune demand. Supports both immune readiness and recovery.*

Skin and Connective Tissue Health

Supports skin elasticity, joint health, and tissue repair by promoting collagen synthesis.*

Post-Surgical and Wound Recovery

Accelerates healing and supports tissue repair following injury, surgery, or dental procedures.*

Chronic Illness and Oxidative Stress

Beneficial in conditions associated with increased oxidative stress, such as cardiovascular disease, diabetes, and chronic fatigue syndrome.*

Stress and Adrenal Support

Helpful for individuals experiencing chronic stress, fatigue, or burnout due to its role in cortisol production and antioxidant defense.*

SCIENTIFIC RATIONALE

Immune Modulation

Vitamin C enhances neutrophil chemotaxis, phagocytosis, and microbial killing, while modulating inflammatory cytokine production (e.g., IL-6, TNF- α). Deficiency impairs these immune responses and increases susceptibility to infection.*

Co-factor for Collagen Synthesis

Vitamin C is required for prolyl hydroxylase and lysyl hydroxylase, which stabilize collagen structure. During the hydroxylation reaction, Fe²⁺ is oxidized to Fe³⁺, which inactivates the enzymes. Vitamin C reduces Fe³⁺ back to Fe²⁺, restoring enzyme activity and ensuring continuous collagen synthesis.*

Antioxidant Activity

Vitamin C neutralizes reactive oxygen species (ROS) and free radicals by donating electrons to unstable molecules. This in turn minimizes oxidative damage to lipids, proteins, and DNA, helping to preserve cellular integrity and reduce the risk of systemic inflammation and chronic disease.*

Adrenal and Stress Physiology

Vitamin C is concentrated in the adrenal cortex and supports the synthesis of cortisol and other adrenal hormones. During acute and chronic stress, vitamin C demand increases, making supplementation beneficial for restoring balance.*

SUGGESTED USE

Take 2 capsules daily, with or without food.

Therapeutic Dose

For acute infections, the dose may be increased to 4-6 capsules per day.

SUPPLEMENT FACTS

Serving Size: 2 capsules		
Servings: 30		
	Amount Per Serving	% DV
Vitamin C (as Quali®-C Ascorbic Acid)	1,000 mg	1,111%
† Daily Value (DV) not established.		

Other ingredients: Phospholipids (derived from sunflower) and hypromellose (capsule).

SCAN QR CODE
FOR REFERENCES

