

BodyBio Liquid Chromium

Pure, Bioavailable Chromium for Metabolic Health

BodyBio Liquid Chromium is a highly bioavailable trace mineral supplement designed to support blood sugar balance, insulin function, and lipid metabolism. This essential nutrient aids in weight management, energy production, and cellular health while also promoting skin clarity and mood stability. Our pure liquid formulation ensures optimal absorption to help your patients maintain stable glucose levels and overall metabolic wellness.*

AVAILABLE FORMAT:

2oz Glass Bottle
with Dropper



BENEFITS

Blood Sugar and Insulin Support

Enhances insulin sensitivity and glucose utilization to promote stable blood sugar and sustained energy levels.*

Lipid Metabolism and Cardiovascular Health

Supports healthy cholesterol and triglyceride levels, contributing to overall cardiovascular wellness.*

Weight Management and Body Composition

May assist in maintaining healthy weight and body composition by improving insulin efficiency and nutrient metabolism.*

Skin Health

Helps reduce acne risk and support clearer skin by stabilizing blood sugar and reducing androgen-driven sebum production.*

Mood and Cognitive Support

May promote emotional well-being by supporting serotonin pathways through improved glucose metabolism.*

TRUST POINTS

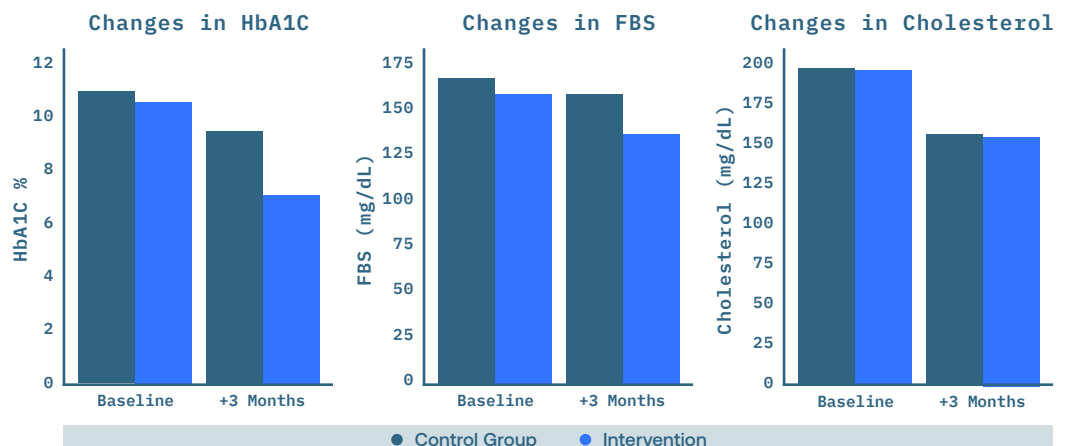
BodyBio Liquid Chromium is formulated with purity and bioavailability in mind, ensuring practitioners can trust its efficacy for patient care. Our liquid formulation provides ionic chromium for superior absorption, allowing for direct cellular uptake without unnecessary binders or fillers.

Produced with high quality standards, each batch is rigorously tested for potency and purity, ensuring consistent, reliable results. Designed for individualized dosing, BodyBio Liquid Chromium offers a tailored solution for metabolic and blood sugar support.*

EVIDENCE

Effect of Chromium Plus Standard Therapy on HbA1c, FBS, and Lipid Profiles

In a single-blind, randomized trial, participants aged 40–60 with uncontrolled diabetes were assigned to two groups. The intervention group received 200 mcg of chromium daily plus standard medication, while the control group continued medication alone. Over four months, HbA1c, fasting blood sugar (FBS), and lipid profiles were tracked. The intervention group's HbA1c dropped from 10.4% to 7.2%, with significant improvements in FBS and HDL compared to controls. Chromium supplementation alongside standard therapy significantly improved glycemic control and key metabolic markers.



Alkhalidi, F. (2023). A comparative study to assess the use of chromium in type 2 diabetes mellitus. *Journal of Medicine and Life*, 16(8), 1178–1182. <https://doi.org/10.25122/jml-2023-0081>

APPLICATIONS

Metabolic and Glycemic Support

For individuals with insulin resistance, type 2 diabetes, or PCOS seeking to regulate blood sugar naturally.*

Cardiovascular and Lipid Health

Supports healthy lipid metabolism to promote long-term heart health.*

Weight and Energy Management

Ideal for those managing weight concerns, sugar cravings, or fatigue related to blood sugar fluctuations.*

Skin Support

Beneficial for acne-prone individuals whose symptoms may be linked to blood sugar imbalance.*

Mood Support

Recommended for individuals experiencing mood swings or depressive symptoms associated with impaired glucose metabolism.*

SCIENTIFIC RATIONALE

Blood Sugar and Insulin Support

Chromium enhances insulin receptor kinase activity and downstream signaling, promoting the translocation of GLUT4 transporters to the cell membrane. This improves glucose uptake into muscle and adipose tissue. By amplifying insulin's action at the cellular level, chromium helps lower circulating blood glucose and supports glycemic control—an essential mechanism for managing insulin resistance and type 2 diabetes.*

Lipid Metabolism and Cardiovascular Health

Chromium influences lipid metabolism by modulating key enzymes involved in cholesterol and triglyceride synthesis. This regulatory effect can help lower total cholesterol and triglyceride levels while potentially increasing HDL. By improving both glycemic control and lipid profiles, chromium supports endothelial function and overall cardiovascular integrity, reducing risk factors associated with atherosclerosis and metabolic syndrome.*

Weight Management and Body Composition

By enhancing insulin sensitivity, chromium improves cellular glucose uptake and optimizes carbohydrate utilization, reducing the likelihood of excess glucose being stored as fat. Improved insulin signaling also promotes amino acid uptake and protein synthesis in muscle tissue, supporting lean muscle maintenance.*

Skin Health

By improving insulin sensitivity and reducing postprandial glucose spikes, chromium helps lower hyperinsulinemia-driven androgen excess, thereby reducing sebum production and supporting clearer skin in individuals with metabolic-related acne.*

Mood and Cognitive Support

Under conditions of insulin resistance, tryptophan—the amino acid precursor to serotonin—competes less effectively for transport across the blood-brain barrier. By restoring insulin-mediated amino acid uptake, chromium helps normalize tryptophan levels, supporting serotonin production and contributing to better mood regulation and emotional resilience.*

SUGGESTED USE

As a mineral supplement, add 1.25 mL in water or beverage of choice daily, or as directed by a healthcare practitioner.

SUPPLEMENT FACTS

Serving Size: 1.25 mL (25 drops)
Servings: About 47

Amount Per Serving	
Chromium (as chromium chloride)	550 mcg
Ionic Sea Minerals Concentrate	330mg

Other ingredients: Purified water, non-GMO citric acid, <0.1% potassium benzoate.



SCAN QR CODE
FOR REFERENCES