



BODYBIO

Liquid Manganese

Cellular metabolic support

2 oz.

Manganese is an essential trace mineral involved in antioxidant defense, connective tissue formation, and metabolic processes throughout the body.* BodyBio Liquid Manganese delivers manganese in an ionic liquid form for easy absorption and precise dosing.

KEY BENEFITS



Cofactor
for antioxidant
enzymes*



Supports
joint health*



Supports
metabolism*



Supports
bone health*



Promotes
cellular
function*

SUGGESTED USE

Add 1.25 mL in water or juice daily, or more as directed by your healthcare practitioner.

Shake well, do not refrigerate.

WHAT TO EXPECT

0-2 WEEKS

Liquid Manganese begins supporting enzymatic activity involved in antioxidant defense and metabolism.* Some people notice improved energy or reduced joint stiffness.*

2-4 WEEKS

As manganese levels stabilize, many people experience improved connective tissue support and metabolic efficiency.*

4+ WEEKS

With continued use, Liquid Manganese helps maintain long-term cellular protection, joint comfort, and metabolic balance—supporting overall vitality and healthy aging.*

SUPPLEMENT FACTS

Serving Size: 1.25 mL (25 drops)

Servings: About 47

Amount Per Serving	
Manganese	10 mg
(as manganese gluconate)	
Ionic Sea Minerals Concentrate	400mg

Other ingredients: Purified water, potassium sorbate, non-GMO citric acid.



Scan the QR code
for more information.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.