



BODYBIO

# Liquid Selenium

Fuel your thyroid  
+ metabolism

2 oz.

Selenium is a trace mineral essential for antioxidant defense, immune function, and thyroid health—but many people don't get enough from modern diets.\* BodyBio Liquid Selenium delivers selenium in an ionic liquid form for easy absorption and precise dosing.

## KEY BENEFITS



Supports  
antioxidant  
defense\*



Supports immune  
function\*



Supports  
thyroid health\*



Protects  
cellular health\*



Promotes  
metabolic  
balance\*

## SUGGESTED USE

Add 1.25 mL in water or juice daily, or more as directed by your healthcare practitioner.

Shake well, do not refrigerate.

## WHAT TO EXPECT

### 0-2 WEEKS

Liquid Selenium begins supporting antioxidant activity, thyroid, and cellular protection.\* Some people notice improved energy or a greater sense of resilience to daily stress.\*

### 2-4 WEEKS

As selenium levels stabilize, many people experience improved immune support and more balanced energy and metabolism.\*

### 4+ WEEKS

With continued use, Liquid Selenium helps maintain long-term antioxidant balance, thyroid support, and cellular health—supporting overall vitality and healthy aging.\*

## SUPPLEMENT FACTS

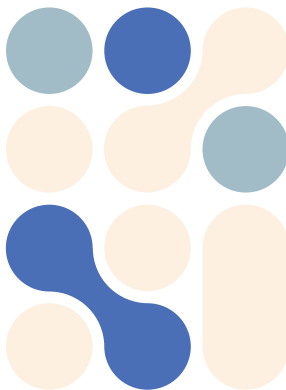
Serving Size: 1.25 mL (25 drops)  
Servings: About 47

| Amount Per Serving             |        |
|--------------------------------|--------|
| Selenium                       | 300mcg |
| (as sodium selenate)           |        |
| Ionic Sea Minerals Concentrate | 350mg  |

**Other ingredients:** Purified water, non-GMO citric acid, potassium benzoate.



Scan the QR code  
for more information.



\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.